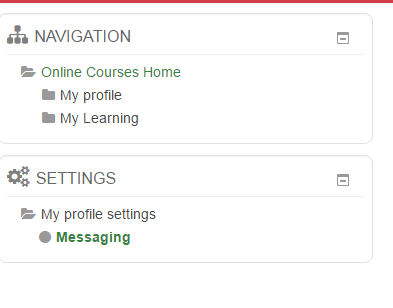
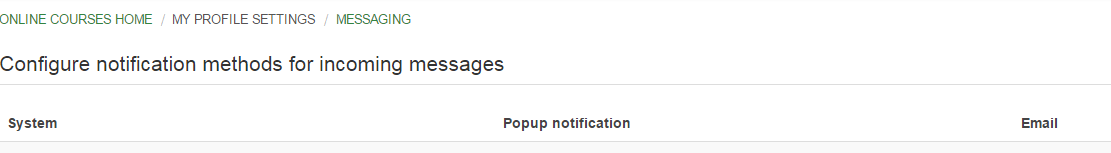
**How to turn off email notifications for discussion posts.**

1. **Go to *settings* under the navigation block and click on messaging**



1. **See the list of configurations for various notifications**



1. **Uncheck pop up and /or email notifications for forum posts**

